

## BTEC Level 3 Extended Certificate in Sport

At Epsom we also offer the BTEC Level 3 Extended Certificate in Sport. The course covers similar areas to the Physical Education A Level, but in a more applied context. While PE A Level is theoretical, Sport BTEC is career-focused, with a practical and unit-based approach. This means that it is largely coursework-based with assessments through projects and assignments, and fewer examinations. It is also more specialised, focusing in depth on sport and related skills, and making it the perfect choice for pupils interested in studying a sports-related course at university.

This Level 3 course is equivalent to 1 A Level. The assessment approach of the BTEC Level 3 National Extended Certificate in Sport qualification allows learners to receive feedback on their progress throughout the course as they provide evidence towards the assessment and grading criteria.

The course is structured into four units, of which:

- Two are externally assessed (examination and synoptic) units (67% of the qualification)
  - Unit 1: Anatomy and Physiology
  - Unit 2: Fitness Training and programming for health, sport and well-being
- Two are internally assessed coursework units (33% of the qualification)
  - Unit 3: Professional development in the sports industry
  - Unit 5 : Application of Fitness Testing