



# EPSOM

## COLLEGE

### **MANAGEMENT OF MEDICINES FOR BOARDING PUPILS**

#### **INTRODUCTION**

If a pupil requires medication the Housemaster/mistress (HMM)/Matron will be informed, either by the Medical Centre or the Parents. The relevant parties will liaise in making arrangements to facilitate administration. This applies whether the medication is being taken either long or short term, and will take in to account the individual's needs.

The Pupils' right to confidentiality should be considered at all times, and this may determine how much information is released regarding a condition and the treatment.

#### **NOTIFICATION, ASSESSMENT, RECORDING AND STORAGE OF MEDICINES**

It is the responsibility of the parent/pupil to inform HMM/M if they are requiring medication. Once this notification is received, the HMM/M will request a "Consent for Administration of Medication" form which must be completed by the Parent. On receipt of this, the HMM/M will then complete the inhouse Risk Assessment Form. The decision on whether a pupil can self-administer or not, lies with the HMM/M once they have risk assessed medication type, storage facility, pupil's understanding and maturity and House environment.

It remains the responsibility of the HMM/Matron to ensure that medicine kept in the house is being taken correctly, stored safely and any unused or expired items are returned home, or to the Medical Centre, for safe disposal. Consent needs to be obtained from the Parent for the return of or destruction of any medication brought from home. All medications handed in for destruction to the medical centre will be recorded and processed according to their status (controlled drug etc).

Any medication brought to school must be in the original container bearing the pharmacy label/manufacturer's instructions. This will state clearly the name of the recipient for whom it has been prescribed, plus the name, dose, duration and instructions for the administration of the medicine. Information regarding side effects and contraindications for taking the medicines must also be available.

The same process applies for ALL medications (prescription and over the counter medication)

Medication which does not comply with the above will be taken from the pupil's possession and taken to the Medical Centre for review and safe keeping.

Pupils are not permitted to have their own medication containing paracetamol or ibuprofen onto Campus. This is to ensure that a pupil cannot accidentally receive and "overdose" as the administration of these medications are strictly controlled by Matrons and the Medical Centre. Undeclared medication can pose a serious threat to the pupil's, and other pupils', health (if shared).

A written log of all medicines supplied by the Medical Centre to the boarding houses is kept and from there a written record of all medication administered is kept in each house. The HMM/Matron/Tutor is also responsible for entering the administration of the pupil's dosage etc. on ISAMS

The Medical Centre holds a GP Approved list of all medication which is “Not Suitable for Self-administration” – These medications will also follow the strict mandatory control measures required for Administration of Controlled Drugs.

It is mandatory for all Controlled Drugs to be signed for and witnessed on receipt and at every administration, and a detailed stock count maintained in an appropriate bound record book. Clear standardised instructions of entry recording is available on the front of ALL Controlled Drug Record Books

## **PROCEDURE FOR ADMINISTERING MEDICINES**

The law states that anyone may administer a prescribed medicine to another, in accordance with the prescriber’s instructions (except for injections).

Medicines must not be shared, or dosage altered at any time.

Therefore, if the HMM/Matron or nominated tutor wishes to oversee or undertake the administration of medicines to a pupil, he/she will adhere to the following procedure to ensure pupil safety:

- The correctly labelled medication will be stored at all times in a locked cupboard/drawer, the keys to which are held by the HMM/Matron/Tutor only.

*The exception to this are inhaler devices and adrenaline auto-injector pens, which should be easily accessible at all times.*

- The required timings of the medication will be noted and administered accordingly.
- Correct hygiene will be observed i.e. hand washing, prior to the procedure
- A drink will be readily available
- The name of the recipient will be verified against that on the clearly labelled container.
- The name of the medication, route, dose and expiry date of the medication will be checked.
- The correct dose of the medication will be administered according to the instructions on the label.
- A record of the date and time of the administration of the medicine will be made.

Details of any refusal to take the medicine will be documented and the parent/medical centre /GP will be notified.

In the event of any adverse reaction, the Medical Centre will be alerted. The pupils’ medical records will be documented accordingly.

In the event of an error being made, immediate advice from the Medical Centre will be sought and an incident form completed. Parents may also be informed. The pupils’ records will be documented accordingly.

## **REQUESTING REPEAT PRESCRIPTIONS**

All pupils registered with the College GP can request repeat prescriptions.

All requests for repeat prescription must be submitted to the Medical Centre electronically, clearly stating patient’s name, date of birth and name, dose & quantity of medication required.

A period of 72 hours’ notice is required, and pupils may nominate a preferred Pharmacy for collection if required, otherwise the prescription will be delivered to the School Medical Centre.

## **COMPETENCY**

Children over 16 years have the same rights to confidentiality and consent as adults.

Under 16 years of age, children can consent to medical treatment if they are Gillick competent.

If a Gillick-competent child attends surgery without his or her parents or guardians, Health Care Professionals should consider securing the patients' consent:

Advice from professional medical bodies notes:

“You must assess a child’s capacity to decide whether to consent to or refuse proposed investigation or treatment before you provide it. In general, a competent child will be able to understand the nature, purpose and possible consequences of the proposed investigation or treatment, as well as the consequences of non-treatment.”

And:

“Where a child under 16 years old is not competent to give or withhold their informed consent, a person with parental responsibility may authorise investigations or treatment which are in the child’s best interests”.

## **Risk assessment for the self-management of medicines by pupils**

### **Risks**

- The pupil to whom the medicine belongs does not administer the medicine according to the prescribed or recommended dose.
- Medicine prescribed to a pupil (or otherwise obtained by the pupil) without parental knowledge, is brought to school.
- Medicine is taken by pupils for whom it was not prescribed or otherwise provided.
- Medicine obtained overseas and then brought to school is not familiar — nor are its effects — to medical authorities in the United Kingdom.

### **Controls**

- Parents notify their child's housemaster/mistress (either in writing or via e-mail) giving details of the medicine they wish their child to keep at school. Consent is required so the College may undertake a full risk assessment.
- Notification is passed on to the Medical Centre – HMM/M to confirm
- Parents ensure that their child is fully aware of the dangers of medicine being taken by anyone for whom it is not appropriate.
- A pupil who is prescribed medicine by or on behalf of Medical Centre staff will be reminded that the housemaster/mistress would normally be given brief details: Name of medication, length of course, doses frequency and possible side effects. The pupil will be consulted with regard to sharing the nature of the medical condition for which it was prescribed.
- Any pupil who seeks medical advice without his or her parents' knowledge, and as a result of which medication is prescribed or otherwise obtained, must notify the School GP before that medication is brought to school. The GP will decide who else should be informed.
- Prescribed medicine is brought to school and kept by the pupil at all times in the original labelled container in which it was dispensed by a pharmacist and carries the prescriber's instructions for its administration (including the name of the pupil, the name and dose of the medicine, the date of its expiry and the frequency of administration).
- Non-prescription medicine is brought in and kept at all times in its original container with the manufacturer's instructions for use.
- Taking into account the nature and quantity of the medicine, the School GP (and/or Medical Centre staff acting on his behalf) and the HMM/Matron must all be satisfied that the pupil is sufficiently mature and trustworthy to assume responsibility for keeping and self-administering the medicine while on College premises or otherwise engaged in College activities.
- The pupil accepts responsibility for ensuring, to the satisfaction of the HMM, that the medicine he or she is being allowed to keep at school does not fall into the wrong hands.
- The HMM ensures that the pupil has the means of storing the medicine safely and securely in the house, with the pupil, but no one else, having ready access as necessary.
- The HMM/Matron continuously monitors the pupil's management of the medicine, particularly its safe and secure storage, while it remains on school premises

- Parents ensure that date-expired medicine is removed from school and returned to a pharmacy or otherwise safely disposed of.
- Parents ensure that medicine held at school is taken home at the end of each term.
- Parents are encouraged to communicate to housemasters/mistresses via e-mail if at all possible. Any detailed information regarding the type, quantity, dose, frequency, expiry date, etc. of the medicine can then quickly be passed on directly and accurately to staff at the Medical Centre.
- For reasons of safety, the College reserves the right to confiscate any medication from pupils if it is found that the policy is not being adhered to.

### **Administration of Medicines from Overseas**

Pupils returning from overseas and who bring medication obtained from another country must be willing to provide, from the prescriber, written details of the name, nature, dose and quantity of the drug(s) supplied.

These must be written or translated into English, and permission must be sought from the School Medical Officer for the pupil to continue taking them whilst under the care of the College teaching/medical staff. If this is not granted then parents will be informed.

Storage, administration and recording procedures for such medicines remain the same.

For reasons of safety, the College reserves the right to confiscate any medication from pupils if it is found that the policy is not being adhered to.

### **Medicines for Off Site Visits/Trips**

For every College trip registered on EVOLVE, the Medical Centre will ensure that all Medical Information taken from ISAMs is correct and will provide any additional information which may be necessary for the organiser to be aware of. For example, pupil has a broken thumb or is on ADHD medication which may be required and need to be administered by the Organiser (controlled drug protocol). The Medical Centre will also inform the Organiser which pupils have parental consent for over the counter medications (paracetamol, ibuprofen and Cetirizine) if required.

Pupils requiring prescribed medication are expected to provide their own medications and consent/ risk assessment form which should be submitted to the Group Organiser.

In the event of the group organiser being asked to oversee the administration of medication, the pupil's name, symptoms, date and time of administration, the name and dosage of the preparation given should be documented and a stock balance maintained using the Medication Administration Log available from the appropriate House.

Any unused items are returned, to the pupil/M/HMM on their return.

ALL pupils requiring Inhalers, Adrenaline Pens (x2), and Insulin must ensure that this on their person at all times – requesting support as needed from the Organiser who would have been informed by the Medical Centre of their need.

### **Staff Training**

All staff undertaking administration of medications to pupils must be familiar with the College policy and procedures.

Guidance and advice for administering medicines and emergency procedure is available from the Medical Centre.

- E-learning and certified assessments
- First aid and work and anaphylaxis training

## **Emergency Procedures**

In the event of an adverse reaction or untoward incident occurring, contact the Medical Centre immediately giving details of the incident.

- In the event of anaphylaxis, collapse, unresponsiveness
- Call for help
- Assess the casualty according to guidelines
- Dial (9)999 Or (9)112
- All incidents must be reported and clearly documented. In addition, an Epsom College incident form must be completed and returned to the Medical Centre.

## **MEDICINES – Advice for pupils**

If you bring ANY medicines into the House you **must** do the following:

- Inform HMM/ Matron you have medication
- Ensure once M/HMM has received back the Consent for Administration form from your parents you complete and sign the risk assessment with M/HMM
- Store all medicines safely in a locked cupboard/drawer
- Keep all medication in the original packaging
- Follow instructions carefully
- Report any side – effects to Matron

### **DO NOT**

- Take anyone else's medication
- Share your medication
- Hide your medication
- Leave medication lying around